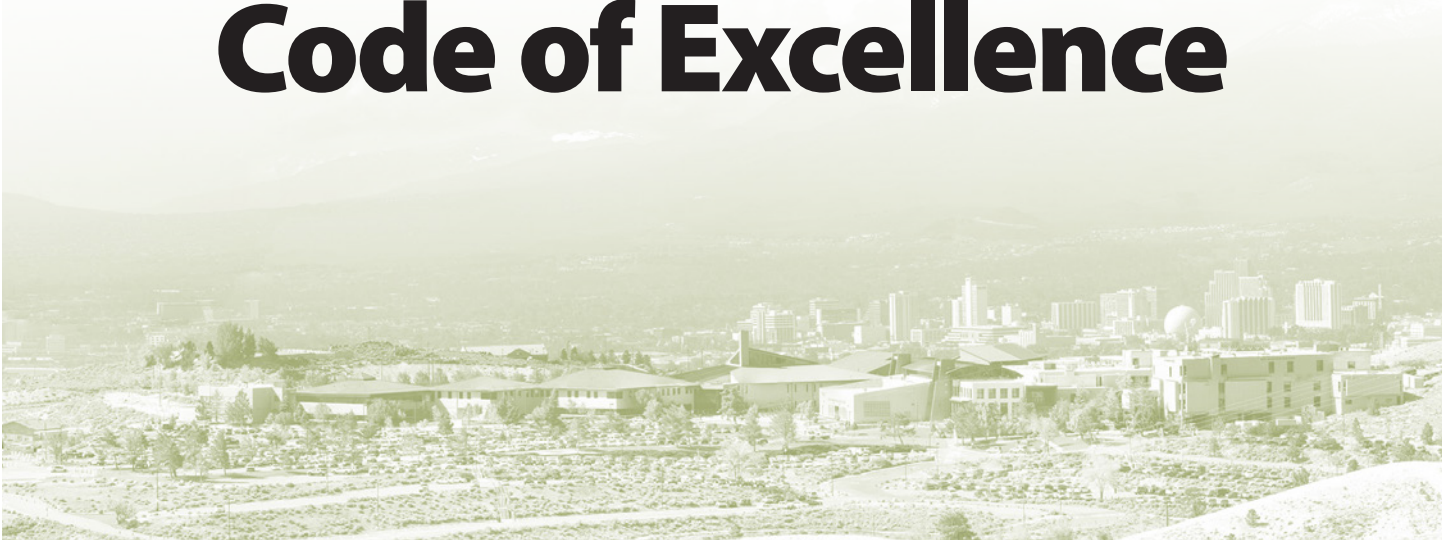




Truckee Meadows Community College
Lizard Athletics

Student-Athlete Code of Excellence



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TMCC ATHLETICS VISION AND MISSION STATEMENTS

VISION STATEMENT

Truckee Meadows Community College (TMCC) Athletics will be the pride of the TMCC and Northern Nevada Communities.

MISSION/PURPOSE STATEMENT

TMCC Athletics fosters a culture of excellence that provides opportunities for students to develop personal character and leadership skills. We build champions in the classroom, in competition, and in life while serving as an integral part of the community college experience. TMCC athletics seeks to heighten the visibility of the college and the engagement of the community.

TMCC ATHLETICS CORE VALUES



INCLUSION
INTEGRITY
ZEST
LEADERSHIP
TRANSPARENCY
DEPENDABILITY
SUCCESS

Each student-athlete accepts responsibility above and beyond that of the general student body with regard to his/her conduct as a representative of the College. It is a privilege, not a right to be a member of a Truckee Meadows Community College Athletic Team, and therefore, he/she is held to a higher standard. Each student-athlete will abide by the Student-Athlete Code of Excellence, policies, and procedures, as well as the rules and regulations that have been established by Truckee Meadows Community College (TMCC), The Scenic West Athletic Conference (SWAC), Region 18 and the National Junior College Athletic Association (NJCAA).

- 1. Integrity** – A simple tenet of the TMCC Code of Excellence is to conduct oneself with honesty and integrity on the field, in the classroom, and within our campus community. Student-athletes acting with integrity, civility, and respect will contribute to a successful team culture, a vibrant campus community, and a building block for their lives after college and the future of the program.
- 2. Respect for Self and Others** – The TMCC Code of Excellence emphasizes respect for all human beings. Student-athletes should demonstrate respect daily, but it is especially important in preventing hazing behaviors and promoting a strong sportsmanship ethic as a participant or spectator. Hazing, misbehavior, abuse of alcohol and drugs, and poor sportsmanship among student-athletes will not be tolerated and will result in expulsion from the team. ZERO TOLERANCE POLICY.
- 3. Responsibility for Your Actions** – The TMCC Code of Excellence dictates that student-athletes on our campus are expected to be leaders and embrace the concept of bystander intervention. Our student-athletes are challenged to create an environment where they and their teammates are held accountable for the highest levels of civil conduct.
- 4. Sense of Community** – Student-athletes must uphold the TMCC Code of Excellence, not only as team members but in the classroom and in a comprehensive nature as part of our greater campus community and beyond. They should take full advantage of all educational opportunities at the College in the best spirit of the NJCAA philosophy and make every effort to be involved in campus life outside of athletics.

ATHLETICS ACADEMIC SUCCESS STANDARDS

TMCC and the athletics department have a dual responsibility to its student-athletes. First, they have to see that each student receives the best possible formal education. Second, they have the responsibility to provide the best possible athletics program and environment so that each student-athlete has the opportunity to compete to the fullest extent of his or her ability.

Academic Requirements for Prospective and Current Student-Athletes:

Prospective Student-Athletes (PSA)

- ❑ High school PSAs must have a 2.5 unweighted high school GPA to be recruited/signed to play at TMCC.
- ❑ If a coach wants to recruit/sign a PSA with a sub-2.5 unweighted high school GPA, the head coach must get approval from the TMCC athletics academics and compliance team to proceed with recruitment.
- ❑ Upon high school graduation, all signed/rostered PSAs must have an **official** transcript sent to TMCC's Admissions and Records Office.
- ❑ All PSAs must submit their **ACT/SAT/ACCUPLACER** test scores to TMCC's Admissions and Records Office to determine each PSA's class schedule.
- ❑ All transfer PSAs are required to obtain **official** transcripts from their high school and all previously attended colleges/universities.
- ❑ All PSAs will not be issued an NJCAA LOI if all transcripts and the NJCAA Affidavit is not submitted to the TMCC Athletics Academics and Compliance team.

Current Student-Athletes (SA)

- ❑ All SAs will receive mandatory academic advising every semester.
- ❑ All SAs will be eligible to receive priority registration to ensure they are on track for eligibility and can attend daily training sessions. It is the SAs responsibility to complete mandatory athletics academic advisement before priority registration begins each term.
- ❑ All SAs will be required to enroll in 15 academic units plus soccer PEX units each semester. Limited exceptions may be made on a case-by-case basis with approval from the Athletics Academics and Compliance team.
- ❑ First-year SAs will be required to attend 8-10 hours of mandatory study hall per week.
- ❑ All SAs with a 3.0 GPA or below are required to attend a mandatory study hall each week.
- ❑ All SAs with a 3.0 GPA or below are required to meet weekly with his/her coach to discuss academic progress.
- ❑ All SAs will be tracked using Starfish early alert system. The TMCC Athletics Academic and Compliance team will review mandatory progress reports through Starfish throughout each semester to ensure academic progress and eligibility.
- ❑ All SAs are required to submit a "professor letter" to each one of their professors to communicate when they will not be in class. The professors are to sign and acknowledge they are aware of the student-athlete's travel schedule. If the professor has an issue at that point in time, the student-athlete is to immediately meet with the Athletics Academic Advisor and determine how to proceed with his/her schedule. Each SA is also required to meet with each of their professors face to face at least once a semester. This could occur when the SA provides the professor with the "professor letter."
- ❑ SAs with a documented disability are strongly encouraged to connect with the TMCC Disability Resource Center (DRC) located in the Red Mountain Building Room 122 and register for services at <https://teton.accessiblelearning.com/TMCC/ApplicationStudent.aspx> or apply in person.

If the SA is seeking approval to take less than 12 credits due to disability-related limitations (a reduced course-load accommodation), the SA must meet with a specialist from the DRC and inform their Athletics Coach as soon as possible. The TMCC Athletics Academic and Compliance team will submit the accommodation request to the NJCAA. The accommodation cannot be implemented until the NJCAA approves the request, which may take several weeks.

ELIGIBILITY

In order to practice and compete for TMCC Athletics, each TMCC student-athlete must:

- ❑ Be enrolled in 15 credits per semester (fall/spring)
- ❑ Pass 12 units per semester and maintain a 2.0 GPA
- ❑ Be enrolled in a TMCC degree or certificate program
- ❑ Meet all NJCAA Eligibility Rules

SPORTS MEDICINE

Insurance and Medical Expense Coverage

TMCC Athletics DOES NOT maintain a secondary insurance policy to cover medical expenses for athletically related injuries. In all cases, the student-athlete's primary insurance will be billed for the medical expenses. Participation in intercollegiate athletics carries with it the inherent risk of injuries. Student-athletes assume certain risks they may suffer injuries in connection with intercollegiate athletic activities. All student-athletes are required to provide his/her own primary health insurance information. For all medical visits and tests, health insurance will be submitted. Ultimately all medical charges are the responsibility of the student-athlete and their parents/guardians. If you have any questions regarding medical insurance or coverage, please refer to the TMCC Student-Athlete Health Insurance Certification form (sent to all student-athletes annually). If a student-athlete presents to the athletic training room with unknown symptoms, the student-athlete will be seen by a staff athletic trainer or team physician. If a medical condition/congenital disorder or illness is diagnosed or an injury is determined to be non-athletically related, TMCC Athletics will not be held responsible. The athletic trainer or team physician may still assist with the referral of that student-athlete with the understanding that the student-athlete is responsible for any and all medical expenses. Examples of possible medical conditions, congenital disorders, and illnesses include but are not limited to mononucleosis, any internal organ abnormality, reproductive abnormality, abnormal heart condition, influenza, diabetes, etc.

Mandatory Physical and Certification of Insurance

In order to practice and compete for TMCC Athletics, each TMCC student-athlete must have:

- A physical completed by a medical doctor along with a cardiovascular screening
- Proof of valid insurance coverage (as stated above)

Mental Health & Counseling Services TMCC Athletics is dedicated to the health & wellness of student-athletes both physically and mentally. Athletic trainers and team physicians are in positions to observe and interact with student-athletes daily, which gives them a front-line opportunity to recognize and respond to mental health issues. The Sports Medicine staff has developed a comprehensive policy that incorporates yearly screening, identification, a referral process, strict confidentiality, and an emergency action plan. These allow the various members of the Athletics Department (administrators, support staff, & coaches) to both recognize and refer student-athletes to the proper channels of support should they need it. The Counseling Center, located in the Red Mountain Building, room 325 on campus is available to all students and provides comprehensive resources for a variety of personal reasons: struggling performance, chronic or career-ending injuries, relationship challenges, grief and loss, academic pressure, disordered eating, bullying or hazing, etc.

Air Quality Smoke from wildfires often impacts the Truckee Meadows in the late summer/fall. The smoke may be heavy enough to create "Unhealthy for Sensitive Groups" and "Unhealthy" conditions. TMCC's sports medicine staff monitors the air quality and has guidelines to limit prolonged exertion at practices, monitor student-athletes with respiratory and/or cardiac illnesses, and postpone or cancel practices and competitions if necessary. Decisions will be made by sports medicine personnel.

Lightning TMCC Athletics has a policy to ensure the safety of its student-athletes, coaches, staff, and spectators in the case of lightning at practices or competitions, including having a designated weather watcher at all practices and competitions and a process for the safe shelter of all participants. Once activities have been suspended due to a lightning strike, athletic trainers will wait at least thirty minutes following the last sound of thunder or lightning flash before allowing participants to resume activity or return outdoors. All individuals have the right to leave an athletic site in order to seek a safe structure if the person feels in danger of impending lightning activity, without fear of repercussions or penalty from anyone.

Student-Athletes & Pregnancy TMCC complies with Title IX and does not discriminate on the basis of pregnancy. The Athletics Department will allow a leave of absence for pregnancy as long as medically necessary and will reinstate the athlete to the position held before pregnancy. Pregnancy is treated no differently than any other type of temporary medical condition. Female athletes' right to privacy is the same for pregnancy as it is for any other personal medical information. The student-athlete should be assured that her medical information will be kept confidential unless she gives permission to release the information. She will be encouraged to discuss her pregnancy with her coach, but the decision to inform a coach about the condition of her pregnancy will remain at the discretion of the student-athlete. Male student-athletes dealing with a partner's pregnancy will also be referred to counseling.

Per NJCAA, a student-athlete would need to have a valid physical on file and it is highly recommended that clearance be obtained from their physician prior to participation. Additionally, athletic aid cannot be revoked due to pregnancy.

Inclusion of Transgender Student-Athletes The TMCC Athletics Department has a policy for inclusion of transgender student-athletes in intercollegiate competition. TMCC Athletics is dedicated to diversity and inclusion and to providing safe and equitable opportunities for all student-athletes. This policy was created to fairly and effectively address intercollegiate athletic participation by transgender student-athletes as well as to provide information and education to student-athletes, parents, coaches, staff, administrators and community members. The NJCAA rules regarding transgender student-athletes state:

C.1. A trans-male (female to male) student-athlete who has received a medical exception for treatment with testosterone for gender transition may compete on a men's team but is no longer eligible to compete on a women's team.

C.2. A trans-female (male to female) being treated with testosterone suppression medication for gender transition may continue to compete on a men's team but may not compete on a women's team until completing one calendar year of documented testosterone-suppression treatment.

Medical Exit Interviews When a student-athlete is done with his or her athletic eligibility, he or she will go through a check-out physical exam. At that time, any existing injuries that occurred and are deemed athletically related during his or her playing career will be evaluated, and future care will be determined by the team physician. Care will be given until medically cleared. Subject to provisions of the prevailing play or practice accident insurance policy, if an injured student-athlete withdraws, is asked to graduate from the college, provisions for medical care and financial aid will be terminated.

Concussion Protocol TMCC has a comprehensive policy for reporting, evaluating, and caring for concussions that are vetted. Each year all student-athletes review and sign a consent form stating they understand the symptoms and the importance of reporting concussions. Each student-athlete will complete baseline computerized and/or objective balance tests. When the student-athlete is diagnosed with a concussion, he or she will be followed by a team physician and put through a series of computerized and objective/subjective tests that will be compared to the baseline tests. The progression and return to play after a concussion is determined by the team physicians and certified athletic trainers. The team physician will be the only one that will medically clear a student-athlete to return to play after a concussion. SAs with a documented disability are strongly encouraged to connect with the TMCC Disability Resource Center (DRC) located in the Red Mountain Building Room 122 and register for services at <https://teton.accessiblelearning.com/TMCC/ApplicationStudent.aspx> or apply in person.

BEHAVIORAL POLICY

It is an absolute PRIVILEGE to represent TMCC Athletics while going to classes, spending time in the Reno/ Sparks community, competing at home, and traveling with teammates on away road trips. With this comes a tremendous amount of responsibility.

- ❑ Each student-athlete is responsible for his/her own behavior. TMCC has a zero-tolerance policy for ANY illegal activity including, but not limited to stealing, vandalism, hazing, and/or driving under the influence (DUI). There is absolutely ZERO TOLERANCE for consuming alcohol, marijuana, and/or illegal substances while on campus or in the community representing TMCC. The NJCAA bans the use of alcohol, drugs and all tobacco products during any athletic-related event, scrimmage, practice, travel, or games. Failure to comply is grounds for suspension and/or dismissal from the team.
- ❑ No student-athlete is permitted to drink alcohol during the competitive season.
- ❑ Each student-athlete is responsible for his/her own academics. There is zero tolerance as it relates to cheating and plagiarism. TMCC student-athletes will have academic integrity.
- ❑ Athletes are only one group that uses Truckee Meadows Community College facilities. Usage is shared with instructional classes and members of the community. We expect athletes to act in a mature manner at all times and not create a situation that disrupts or disturbs another program. Student-athlete behavior off-campus will also be closely monitored. Any violations or conduct deemed inappropriate will result in probation, suspension or dismissal from his/her team.
- ❑ Student-athletes are required to immediately disclose to their head coach if they are arrested or otherwise charged with a criminal offense by any law enforcement agency in any jurisdiction, have violated the TMCC Student Conduct Code, or have engaged in any behavior, at any time, that could have negative consequences for their team and/or TMCC Athletics. In addition, student-athletes must disclose to their head coach any issue that results in medical personnel action (ambulance requested, a trip to the hospital or doctor, etc). This requirement includes incidents that might occur out of town and/or over school breaks. Student-athletes must report the information to their head coaches within twenty-four hours of the occurrence or they will risk suspension from athletically related activities and/or the reduction or termination of their athletics aid at the discretion of the Director of Athletics or his/her designee.

TRAVEL POLICY

It is an absolute PRIVILEGE to represent TMCC Athletics while competing at home and away. With this comes a tremendous amount of responsibility.

- ❑ Each student-athlete is responsible for his/her own behavior. No matter what, you will always be treated differently because you are an athlete. This means ALL EYES ARE ON YOU!
- ❑ There is absolutely ZERO TOLERANCE for consuming alcohol, marijuana, and/or illegal substances while at TMCC sanctioned travel. The NJCAA bans the use of alcohol, drugs and all tobacco products during any athletic-related event, scrimmage, practice, travel, or games. Failure to comply is grounds for suspension and/or dismissal from the team.
- ❑ Each student-athlete will wear TMCC issued apparel only while traveling with the team.
- ❑ Each student-athlete is required to bring schoolwork on each road trip. Even if you think you do not have homework, bring schoolwork so you can get ahead in your classes. We will have study hall at the hotel. You must have something to work on.

- ❑ Each student-athlete will be issued either cash or a travel debit card with their name and the TMCC Athletics logo on it for meals. It is the student-athletes responsibility to retain this card throughout their time as a TMCC student-athlete, especially during the fall travel schedule. This card will be loaded with money for food and food only. The money is for each student-athlete to use for meals while traveling. Student-athletes are to not buy anything else with these funds. TMCC will control where these cards can be used.
- ❑ Each team will travel by bus. This means there will be plenty of time on the bus with teammates. It is expected that each student-athlete will be mindful of their teammates and be respectful of their space.

EMPLOYMENT AND HOUSING

Being a TMCC student-athlete comes with a tremendous amount of responsibility. If you are seeking employment and housing, please be aware of the following rules:

- ❑ Student-athlete may not be engaged in employment for which they receive greater compensation than market value, or in which they are not required to work as hard as others in similar employment, or which is otherwise not legitimate employment.
- ❑ No member college nor any representative of its athletics interests (booster) may arrange employment for any student-athlete or recruit.
- ❑ Housing arrangements of any type with any member of the athletic staff or any individuals representing the athletic interests of a member institution are not permitted.
- ❑ Athletic staff (Divisions II & III) may provide at a maximum, off campus housing contact information in the local vicinity to current and prospective student-athletes.
- ❑ Athletics staff members may not arrange for or sign for housing for student-athletes.

EXTRA BENEFITS, BOOSTERS AND IMPERMISSIBLE AID

Being a TMCC student-athlete is a special time in your life. Members of the staff and community will want to treat you differently because you are a student-athlete. With this comes a huge responsibility on your part. You must understand the rules as it relates to Extra Benefits, Boosters, and Impermissible Aid:

- ❑ Booster and/or donors may not give money directly to a student-athlete.
- ❑ Student-athletes may not receive assistance in cash or kind which is not administered by the member institution or which exceeds the permissible limits listed in Article VI, Section 1.B.1.a.
- ❑ This section does not prohibit assistance to a student-athlete by anyone on whom the student-athlete is naturally or legally dependent.
- ❑ No college personnel, nor representative of a member college's athletic interest may provide or co-sign a loan for a student-athlete or student-athlete's family.
- ❑ No college personnel, nor representative of a member college's athletic interest may post bail or provide legal counsel for a student-athlete.
- ❑ Student-athlete's family may not receive assistance in cash or kind related to the student-athlete's athletic potential, performance or participation.

TEAM-ISSUED GEAR POLICY

It is an absolute PRIVILEGE to represent TMCC Athletics while wearing the school colors and apparel, and with that comes a tremendous amount of responsibility.

- ❑ Each student-athlete is responsible for their team-issued gear. THIS IS NOT HIGH SCHOOL OR CLUB BALL! You will treat your team-issued gear with respect.
- ❑ If a student-athlete loses their team-issued gear, the student-athlete will pay to replace it.
- ❑ Student-athletes are NEVER to take their uniforms home and wash them. Uniforms are to be washed by the coaching staff.
- ❑ Practice gear is issued to each student-athlete at the beginning of each year. Each student-athlete is required to wash and take care of this issued team-issued gear. The head coach will determine which practice outfits will be worn at practice.
- ❑ Each student-athlete is required to provide their own pair of soccer boots and shin guards. Every other piece of team-issued gear will be issued to each student-athlete.

SOCIAL MEDIA POLICY

As members of the Athletics Department, student-athletes represent the College and are subject to public scrutiny. Student-athletes will be held responsible for any social networking conduct that compromises the reputation or integrity of their team and/or College. Before posting anything on a social networking website or app, understand that anything posted online is available to anyone in the world and that college coaches or staff may monitor the website.

Monitoring social media is a necessary action. Playing for an NJCAA Division I program and TMCC is a privilege. There are certain sacrifices student-athletes may have to make to keep that privilege. The Department's goal is to help student-athletes project the best image possible to help the student-athlete in the future and to protect the image of the athletics programs and TMCC.

TMCC Athletics understands the popularity and usefulness of social networking sites and supports their use by TMCC student-athletes provided:

- ❑ No offensive or inappropriate pictures or comments are posted as determined by the Director of Athletics and/or his/her designee
- ❑ Any information placed on the website(s) does not violate federal or state laws, TMCC policies, TMCC Athletics, or team policies.
- ❑ Photos and/or comments posted on these sites do not depict inappropriate team-related or TMCC identifiable activities (including wearing/using team uniforms or gear inappropriately).
- ❑ Student-athletes must remember that they are representatives of TMCC. Please keep the following guidelines in mind while participating on social networking sites:

Site Ownership

Before participating in any online community, understand that anything posted online is available to anyone in the world. Any text or photo placed online becomes the property of the site(s) and is completely out of an individual's control the moment it is placed online – even if access is limited to the site or a limited audience.

- ❑ Be Aware of Post
- ❑ Do not post any information, photos, etc. online that could embarrass you, your family, your team, TMCC Athletics and/or TMCC. This includes information that may be posted by others on your page.
- ❑ Protect Information
- ❑ Never post your local address, pictures of your home, cell phone number or class schedule. Student-athletes could be the target of predators.

Future Career

Be aware that potential employers and internship supervisors view these sites as a way of screening applicants. In addition, many graduate programs and scholarship committees also search these sites to screen applicants.

All student-athletes should also refer to TMCC's Student Conduct Code for information on the TMCC policy: tmcc.edu/PDFFiles/Student%20Affairs/TMCC_Student_Conduct_Code.pdf

TMCC Athletics (Media Relations, Compliance) is more conscious of content on student-athletes' social sites due to recent NJCAA cases involving social sites, not to mention our general concerns for student-athlete safety and future employment.

TMCC Athletics requires that student-athletes allow their head coach or designated coaching staff member, as well as the Director of Athletics, access to all social networking sites that they join. TMCC Athletics requires that each head coach must designate at least one member of their coaching staff who is responsible for having access to and regularly monitoring the content of the team members' social networking sites and postings.

Social Media Discipline

TMCC alcohol or drug policy violations, etc. or evidence of such violations in the content of online social websites are subject to investigation and sanction under the TMCC's Student Conduct Code, TMCC's Athletics Student-Athlete Handbook and other policies. They are also subject to the authority of law enforcement agencies.

Examples of inappropriate and/or offensive social media content include, but are not limited to the following: content targeting underrepresented, minority, disabled, or disenfranchised populations; derogatory language; profanity, obscene or sexual comments and/or gestures; and language that is hostile, harassing, abusive, prejudicial, disrespectful, insulting, or vulgar.

A student-athlete's failure to adhere to the social media policy could result in disciplinary action/sanctions. All possible TMCC Athletics sanctions are at the discretion of the Director of Athletics and/or the Head Coach.

Student-athletes will be formally notified via TMCC email regarding content that is in bad taste or of major concern. Student-athletes will have 24 hours from the time the notification is sent to remove the offensive content or we will remove them from practice until it is removed. In addition, a coach will be copied on the email sent to the student-athlete. This is a formal process that includes follow up by our offices at the 24-hour mark to ensure the content has been removed. TMCC Athletics is very consistent in the types of things we scan sites for in these more problematic cases: potential violations of NJCAA rules (ex: extra benefit and academic issues), federal, state and local laws (ex: underage drinking, nudity, harassment, discrimination), and violations of departmental policy (ex: skipping classes, embarrassing and problematic content, possible Student Code of Conduct or Annual Security Report Violations).

TMCC POLICY AND STATEMENT REGARDING TITLE IX

The Nevada System of Higher Education (NSHE) is committed to providing places of work and learning free of discrimination. Likewise, TMCC's policy regarding sexual discrimination and harassment represents our commitment to providing equal educational opportunity to all students.

- ❑ See Also: Board of Regents Handbook (*Title 4, Chapter 8, Section 13*): Policy Against Discrimination and Sexual Harassment; Complaint Procedure. The handbook is available online at nshe.nevada.edu/leadership-policy/board-of-regents/handbook/

In compliance with federal law, Title IX of the Education Amendments Act of 1972, it is TMCC's policy that no person shall on the basis of sex be excluded from participation in, denied the benefits of, or be subject to discrimination under any education program or activity. Sex discrimination is illegal and prohibited in any education program or activity operated by TMCC.

Sex discrimination includes sexual harassment and sexual violence. Examples of such prohibited conduct include, but are not limited to the following:

- ❑ Rape, sexual assault, sexual battery, sexual coercion;
- ❑ Sexually explicit or gender related statements, jokes, comments, questions, innuendos, anecdotes, or gestures;
- ❑ Uninvited touching, patting, hugging, or purposeful brushing against another person's body;
- ❑ Remarks of a sexual nature about another person, body or clothing;
- ❑ Use of electronic mail or computer dissemination of a sexual oriented or sex-based communications;
- ❑ Sexual advances be it physical or not; request for sexual favors in exchange promised job or education benefits;
- ❑ Displaying sexually suggestive objects, pictures, magazines, cartoons, or screensavers;
- ❑ Or inquires, remarks, or discussions about an individual's sexual experiences or activities and other written or oral references to sexual conduct.

If you believe you have been the victim of sexual harassment, sexual discrimination or sexual violence you are encouraged to contact the Title IX Coordinator, Veronica Fox or the Title IX Deputy, Kim Studebaker in the Human Resources Office.

Allegations of sexual discrimination and sexual harassment are taken seriously and will be dealt with promptly, thoroughly, impartially, and equitably in accordance with the NSHE Policy Against Discrimination and Sexual Harassment Complaint Procedure (*noted above*). Where sexual discrimination or harassment is found to have occurred, TMCC will act to stop the discrimination or sexual harassment, to prevent its reoccurrence, and to remedy its effects.

Confidentiality cannot be guaranteed when filing a complaint of sexual discrimination or harassment; however, an individual's privacy will be protected to the extent reasonably possible.

STUDENT-ATHLETE ACKNOWLEDGEMENT

(must sign and submit to the Director of Athletics)

- 1. Eligibility** – It is the responsibility of each student-athlete to maintain good academic standing. Each athlete must meet the eligibility requirements established by the (NJCAA); this includes making satisfactory progress in classes and maintaining full-time enrollment (12 hours prior to the last regular season game) during each semester throughout the academic year. Failure to meet these requirements will result in immediate expulsion from the athletic program. SAs with a documented disability are strongly encouraged to connect with the TMCC Disability Resource Center (DRC) located in the Red Mountain Building Room 122 and register for services.
- 2. Representing Truckee Meadows Community College** – An athlete is seen in the public eye more often than the average student. It is a privilege to be a college athlete who is expected to act with class and dignity. Failure to do this will result in disciplinary action from the coach and/or Athletics Director.
- 3. Use of College Property** – All team-issued equipment and/or uniforms issued to a student-athlete must be returned in satisfactory condition to the Head Coach within three days of his/her last contest. Student-athletes will be financially responsible for the replacement costs of lost, stolen, or damaged property. Failure to comply will result in a “hold” being placed on your account.
- 4. Alcohol, Tobacco and Drug Use** – The college policy states that each student-athlete refrains from illegal substances at all times. The NJCAA bans the use of alcohol, drugs and all tobacco products during any athletic-related event, scrimmage, practice, travel, or games. Failure to comply is grounds for suspension and/or dismissal from the team.
- 5. Disturbance in Public** – Athletes are only one group that uses Truckee Meadows Community College facilities. Usage is shared with instructional classes and members of the community. We expect athletes to act in a mature manner at all times and not create a situation that disrupts or disturbs another program. Student-athlete behavior off-campus will also be closely monitored. Any violations or conduct deemed inappropriate will result in probation, suspension or dismissal from his/her team.
- 6. Dress and Appearance** – Proper attire is required. Moderation and good taste are always expected.
- 7. Responsibility** – You will be treated as an adult. You will be held responsible for your actions, which means accepting the decisions of your coaches or the Athletics Department administration graciously and in a mature manner. If you don’t understand something, simply come and ask – the door is always open and you will receive an honest, direct answer.
- 8. Academic Integrity** – Truckee Meadows Community College’s Policy on student conduct is at tmcc.edu/vpsd/student-conduct/. If you cheat, fabricate, facilitate academic dishonesty, or plagiarize, there will be serious consequences. The incident will be documented and reported to the academic chair for possible disciplinary action up to and including course, program or College expulsion.
- 9. Hazing** – Occurs when you intentionally, knowingly or recklessly do something to another person that you know or should know may endanger the physical safety or health of that person for the purposes of pledging, joining, participating in, or maintaining membership within an organization, such as a club, service group, social group, or athletic team. Hazing is illegal in the state of Nevada and is punishable by both imprisonment and monetary fines. Prison time and the amount of money owed increase depending upon the severity of the harm caused. TMCC Athletics has a zero tolerance policy related to hazing.
- 10. Social Media Policy** – As members of the Athletic Department, student-athletes’ represent the College and are subject to public scrutiny. Student-athletes will be held responsible for any social networking conduct that compromises the reputation or integrity of their team and/or College. Before posting anything on a social networking website, understand that anything posted online is available to anyone in the world and that college coaches or staff may monitor the website.

I have read and understand all sections of the Student-Athlete Handbook Code of Excellence. I understand it is a privilege, not a right to be a member of an athletics team at Truckee Meadows Community College (TMCC), and I agree to abide by all components of the Student-Athlete Code of Excellence.

Student-Athlete’s Printed Name

Date

Student-Athlete’s Signature



Athletics Department

Truckee Meadows Community College
7000 Dandini Boulevard, RDMT 329
Reno, Nevada 89512-3999
Telephone: 775-673-7135



TMCC is an EEO/AA institution. For more information, visit eoo.tmcc.edu.