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# SPRING 2012 WORKSHOP SCHEDULE

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## Creating a Math Mind

Learn strategies and techniques to help you conquer your math class and create a positive math mindset guiding you toward math success.

## How to Become a Successful College Student

This workshop will give you the tools on how to be successful in college. In the workshop you will learn about study skills, time management and overcoming test and math anxiety.

## Introductory Graphing Calculator

This hands-on workshop will introduce new students to the TI-83 or TI-84 graphing calculator. This workshop does not cover any of the graphing features, only the calculating features. Please bring your calculator, or one can be provided to you for the workshop.

## Intermediate Graphing Calculator

This hands-on workshop will introduce students to the graphing features of the TI-83 or TI-84 graphing calculator. An understanding of a linear function or beyond is required to attend. Please bring your calculator or one can be provided to you for the workshop.

## Overcoming Math/ Test Anxiety

These workshops cover the possible reason students many suffer from test anxiety, and offer suggestions to help student overcome it. A must for any students that has blanked on exam!

## Reading Strategies

How can you get the most out of the reading you do in college? In this workshop you'll learn more about college-level reading and what is expected of you as a reader in college. You'll also learn strategies for reading more effectively.

## Reduce Your Stress

Learn strategies and techniques to help you reduce your stress and live life the way you'd like to.

Sign up to attend any workshop by calling  
the Tutoring and Learning Center at (775) 674-7517

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Monday	Tuesday	Wednesday	Thursday	Friday
23-Jan	24-Jan	25-Jan	26-Jan	27-Jan
<b>NO WORKSHOPS THIS WEEK</b>				
30-Jan 3pm Intro Calculator	31-Jan	1-Feb 10am Intro Calculator	2-Feb	3-Feb 10am Intro Calculator
6-Feb 1pm Intro Calculator	7-Feb 1pm Reading Strategies	8-Feb 1pm Intermediate Calculator 3:30pm Test/Math Anxiety	9-Feb	10-Feb
13-Feb 3pm Intro Calculator	14-Feb 3:30pm Test/Math Anxiety	15-Feb 10am Intermediate Calculator	16-Feb 1pm Reading Strategies 2pm Becoming a Successful Student	17-Feb
20-Feb President's Holiday Campus Closed	21-Feb	22-Feb 1pm Creating a Successful Math Mind	23-Feb	24-Feb 10am Intro Calculator
27-Feb 1pm Intro Calculator	28-Feb 1pm Reading Strategies	29-Feb 1pm Intermediate Calculator	1-Mar 2pm Becoming a Successful Student	2-Mar
5-Mar 3pm Intro Calculator	6-Mar	7-Mar 1pm Stress Reduction	8-Mar 1pm Reading Strategies	9-Mar 10am Intro Calculator
12-Mar 1pm Intro Calculator	13-Mar	14-Mar		16-Mar
19-Mar	20-Mar	21-Mar	22-Mar	23-Mar
<b>SPRING BREAK – NO WORKSHOPS</b>				
26-Mar	27-Mar 1pm Reading Strategies	28-Mar	29-Mar 2pm Becoming a Successful Student	30-Mar
2-Apr	3-Apr	4-Apr	5-Apr	6-Apr
9-Apr	10-Apr 1pm Reading Strategies	11-Apr	12-Apr 2pm Becoming a Successful Student	13-Apr
16-Apr 10am Intro Calculator	17-Apr	18-Apr 1pm Intermediate Calculator	19-Apr	20-Apr
23-Apr 1pm Intermediate Calculator	24-Apr	25-Apr	26-Apr	27-Apr