

# USA Funds Life Skills Student Guide

## Truckee Meadows Community College



### Student Loan Borrowers with Prior Loan balances > \$15,000

Through your school, you now have access to USA Funds® Life Skills®, a free online learning program that offers you advice for managing your time and money wisely while on campus and after graduation. This Student Guide provides basic information about the tool and outlines the steps necessary to access and complete the lesson(s) that your school has assigned to you.

#### Log in.

New users are required to complete a simple, one-time registration process. Once you complete the initial registration process, only your username and password are required for future visits.

1. Open your browser and go to [www.lifeskills.org](http://www.lifeskills.org).
  - o Helpful hint: Save this address as a favorite to simplify access for future visits.
2. Click "Request a new account" in the Login box to create your account.
3. Complete all of the information on the Request Account page. Some fields require the school defined information listed below.
  - o Enter your school e-mail address as your username.
  - o Enter the student ID number assigned to you by your institution as your school-assigned student ID.
  - o Enter **02107700** as your School Code. Note: This code must be entered exactly as shown here.
  - o Enter **02107700-01** as your Student Access Code. Note: This code must be entered exactly as shown here.
4. Click "Create Account" in the lower right corner to create your account.
  - o Note: If you forget your password on future visits, click "Forgot your password?" in the Login box to receive an email containing your password to the email address you provided when you created your account.

A screenshot of the "Request Account" form. The form is titled "Request Account" and includes a sub-header "Please enter the following information to create an account." and a note: "Note: \* Required Fields." The form contains several input fields: Username, Password, Confirm, First Name, Last Name, Email Address, Confirm Email Address, School Assigned Student ID, School Code, Student Access Code, and Word Verification. The Word Verification field includes a "Reload" button and a CAPTCHA image showing the word "Choose" and "rcessif" in a stylized font. There is also a "Create Account" button at the bottom right of the form.

#### Get started.

To access and complete the lessons, follow these steps:

1. Select "My Catalog" from the left navigation menu or select the "My Catalog" tab at the top of the page.
2. Click on the name of a lesson and click "Enroll" on the right side of the screen.
  - o Lessons can be completed in any order. If you are unable to complete a lesson in one visit, you can return to it at any time and continue where you left off. Click the name of the lesson under "My Learning" on your Home page to return to the in-progress lesson.
3. Click on the name of the lesson again under "OLT Lessons" to begin the lesson.
  - o **Note: Your computer settings must be set to allow pop-ups to access the lesson. The lessons also contain sound so you may want to use headphones.**
4. Click "Next" to advance through the lesson.
5. Complete the Lesson Challenge quiz at the end of the lesson. You must achieve 70 percent or higher to pass the lesson. Once achieved, your score will be recorded on your transcript as well as your school's weekly report. (See next section for transcript information.)
  - o Scroll to the bottom of the Lesson Challenge results and click "Print" to print your quiz results.
6. Click "Ok" to close your quiz results and click "Close Window" to exit the lesson.
7. Click USA Funds Life Skills Survey under "Course Activities" to complete a brief survey about the lesson.
8. Click the "Home" tab to return to the Home page.
9. Repeat the previous steps until you have completed all of the lessons assigned to you.

You can review the lessons and retake the Lesson Challenges to improve your score at any time by navigating to the lesson through the course catalog.

### ***What lessons should I take?***

**If your total amount borrowed exceeds \$15,000.00, you will be required to complete three Life Skills lessons: #101 - How Will I Pay for My Higher Education? - #203 - How Do I Live on a Budget While I'm in School? - #103 - What Do I Need to Know about Repaying My Student Loan?**

- 101 How Will I Pay for My Higher Education?
- 203 How Do I Live on a Budget While I'm in School?
- 103 What Do I Need to Know About Repaying My Student Loans?

**If your total amount borrowed exceeds \$20,000.00, you will also be required to complete two additional lessons: #305 – How Do I Live On a Budget After I've Completed School? - #104 – What if I Have Trouble Repaying My Student Loans?**

- 305 How Do I Live On A Budget After I Have Completed School?
- 104 What If I Have Trouble Repaying My Student Loans?

### ***See your results.***

A printable transcript of your lesson activity is available at any time.

1. Click "View" from the "My Learning History" section of your home page.
  - Your transcript will provide details about any lesson in which you have enrolled, including completion status, registration date, completion date and final assessment score.
2. To print a copy your transcript, use your Internet browser print option.
  - For most browsers, this can be done by going to "File" and selecting "Print."

### ***Complete multiple assignments.***

If you are assigned multiple lessons from different staff (for example, one group of lessons from the financial aid office and another group of lessons from a professor), you will need to enter additional access codes to your account. This is required for your lesson completion results to be accurately reported to those who assigned the USA Funds Life Skills lessons to you.

1. Click "My Account" in the left navigation menu.
2. Enter the additional code(s) in the available Student Access Code fields.
  - Note: If you override an existing code with a new code, your completion results no longer will be reported to the person who provided the existing code.
3. Click "Update."

### ***Get help.***

For assistance, use the "Contact Us" link or call USA Funds Customer Support, Monday through Friday, between 8 a.m. and 8 p.m. Eastern time at (800) 766-0084. After these hours, support is available at (866) 722-1470.